



NEWS

EMPOWERING YOUTH ENTREPRENEURS IN PARTNERSHIP WITH THE NDA



On Thursday 13 October Mfesane celebrated the graduation of 20 entrepreneurs from a skills programme funded by the National Development Agency. The NDA is a government agency tasked with empowering and enhancing the capacity of the civil society sector to build more cohesive communities and tackle poverty, unemployment and inequality. Each entrepreneur received a complimentary start-up kit to expand his/her business. The kits included make-up and beauty, salon and barber apparatus, sewing machines, woodwork tools and photography equipment. The youth entrepreneurs completed a 6-month full time programme with training in Basic Entrepreneur Socionext, Small Business Venturing, Mobile Literacy, Brand Building, Design & Digital Marketing, Basic Bookkeeping & Tax Turnover, Job Readiness and hands-on training in beadwork and sewing.

“To date this partnership with NDA has produced 30 start-up businesses in the Western Cape. We are seeing our vision of ‘empowered communities, sustainable families’ brought to life through this programme - which brings financial independence, vision and hope.”

Mrs Yolandi Afrika, Mfesane CEO

MEET SALDANHA'S LOVELY WELLNESS WARRIORS



Left: The Mfesane Wellness Centre team spent a week working with Transnet's Phelophepa Health Train which visited Saldanha Bay. The team provided HIV counselling and testing, STI and TB screening to local community members as well as PMTCT and MMC educators. Over 65 individuals were tested and educated through this initiative.



HOT & HAPPENING

Congratulations to Namhla Nojanga who received an award for "kgati", a skipping rope and singing sport that local youth participate in.

Namhla received an award from Department of Sports Arts and Culture at West Coast District level and after competing in provincial championships, she also received an award on Provincial level.

Namhla is part of Mfesane's Risiha (previously named Isibindi) Programme in Middelpos, Saldanha. Risiha is the Tsonga word for Resilience.

Right: Namhla with Ms Chuma Qukwana, Mfesane Child and Youth Care Worker



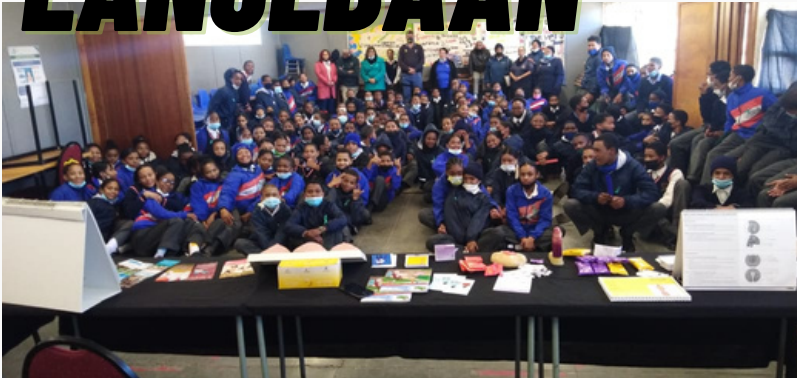
Our West Coast Home-Based Care professional nurse and health care workers attended FARR training and held awareness campaigns in the communities.

THURSDAYS IN BLACK



Child and Youth Care Workers and Health Workers in Hopefield stand together and pray against gender-based violence as part of the **Thursdays in Black** initiative each week.

HOPEFIELD & LANGEBAAN



Above: School health education visits at Hopefield Primary School.



Above: Ongoing awareness talks to the All Saints Brigade group on teenage pregnancy and prevention of STI/HIV/AIDS. Nurse Cathy and the Health Care Workers dressed in school uniforms!



Left / bottom left and below: Mfesane runs a "ready for school" programme after each term in Langebaan and Hopefield. The boys' hair and nails were washed and cut. The girls' hair was washed, dried and plaited with different school ribbons. We also helped them to polish their own shoes.

Awareness talks and activities were done with those waiting to be served. Thanks to our stakeholders including SAPS, Department of Social Development and SBM Thusong who helped with information talks.



Above: Vathiswa Manyisane, our Khayelitsha sewing facilitator, participated in a beadwork training workshop and is now sharing her new skill with afterschool children and community members



Above: Mfesane Khayelitsha social worker Xoliswa Arosi recently attended assessor training



Above: The bricklaying team continues with its work, targeting unskilled individuals within the community and providing them with skills in hope that they will become self-sustaining.

YOUTH DARING TO BE DIFFERENT IN KHAYELITSHA



Boys in South Africa are growing up with a desperate need to understand their worth, value and calling as men of integrity. In response, Mfesane is running the Dare Programme, which educates boys on seven important topics and challenges them to "dare to be different" to the negative influences they see around them. On 30 July 14 youth met in Khayelitsha to participate in a **DARE DAY FOR BOYS**.

Topics covered included identity, belonging, purpose, manhood, sex, relationships, pornography and more. There was lots of laughter, discussion and learning. The group engaged positively and at the end of the day, each boy took on the challenge "to dare to be different" in their life choices.



The Khayelitsha Afterschool team held a **DIGNITY DAY FOR GIRLS** in October where 14 girls between the ages of 12 and 16 years participated in a one-day training.

During the day they vigorously discussed important topics like identity, purpose, their dreams, the stages of puberty and growing up, menstrual management, belonging and more. Each girl also received a pack of reusable menstrual pads to take home.

DID YOU KNOW?

"30% of girls in South Africa do not attend school when they are menstruating because they do not have menstrual products."

**Stellenbosch University
Law Clinic**



The newly implemented **ISIBINDI EZIKOLENI AND SAFE PARK PROGRAMMES** at the Khayelitsha Centre continue to empower both Child and Youth Care workers and teenagers. CYCW team members attended training on Teenagers Against Drug Abuse (TADA) and on Fundza Reading Club, which they are now implementing in the programmes. Each month approximately 89 children are reached for one-on-ones and 263 children take part in Special Developmental Programmes (SDP). In addition to these programmes, we have started Youth Forums to engage young people and provide an opportunity for them to learn and contribute to their communities.

HOLIDAY FUN AND LEARNING ABOUT CLIMATE CHANGE



Monday 10 October marked the end of the September school holidays in Cape Town, the perfect day to introduce a climate awareness campaign via a holiday programme to the children and youth of Khayelitsha.

Together with the Ayakha Melithafa Foundation, Mfesane arranged and hosted a fun, interactive and engaging day for local youth and children, introducing them to the concept and impact of climate change in their own community.

Note: Ayakha Melithafa is the youth commissioner on the Presidential Climate Commission and a climate justice activist who seeks to raise awareness in young people in marginalised communities.



Climate change is such an important topic for children to engage in so that they can have a voice and, ultimately, an impact on key issues around climate change.

We hope the awareness raised will lead to small, necessary steps in achieving a lower carbon future.

**Khayakazi Mdunyelwa
Mfesane Khayelitsha**

IT STARTS WITH A MEAL. NO CHILD SHOULD GO HUNGRY.

DID YOU KNOW?

Mfesane's Afterschool Programmes support 500 children in Vredenburg (West Coast), 90-100 children in Khayelitsha (Cape Town) & 80 children in Gqerberha (Nelson Mandela Bay) each week.

Children receive a daily meal, homework support, literacy help, counselling, laundry services and more.



Snap here to pay

 SnapScan

**100% of
donations
go to food
costs**