

**ANNUAL REPORT 2015** 

### **Annual Report 2015**



#### THE YEAR IN REVIEW

Mfesane
Areas of operation
Community Healthcare
Services
Church Mobilisation
Programme
Children, Youth &
Family Services
Youth Development
Policy Influencing
Training, Development
& Placements
Financial Overview
Thank you

### From the Chief Executive Officer

I invite you to read this special edition which provides a vibrant picture of the many different activities which Mfesane was able to pursue in the Western and Eastern Cape Provinces. What you will read here are examples of our efforts to put our "Christianity in Action."

Let me pay tribute to all those who played a role in the stories and reports as well as to the unsung heroes who are not mentioned by name. I would also like to pay tribute to the people of Netherlands and the many South African funders and partners whose generosity so often enables our sick, the unemployed, the less educated citizens, orphans and vulnerable ones to put into action their hopes and visions. My hope is that they will be inspired by what is reported here, to extend and strengthen these partnerships.

May you who read this, and all those who show God's mercy through your gifts and other means of support to us, receive God's blessing for all that you do.

Hearty congratulations to the Mfesane teams at West Coast, Nelson Mandela Bay, Khayelitsha and Central Office for their work – despite difficult times and limited resources.

Nomvuyo Baba Chief Executive Officer



"Poverty is not an accident.

Like slavery and apartheid, it is man-made and can be removed by the actions of human beings."

- Nelson Mandela



### **About Mfesane**

Mfesane is an independent, ecumenical development organization, registered as a Non-Profit Company (NPC) with a tax exempt Section 18A status.

Mfesane's vision is to become a leading Christian Development Agency in empowering communities. By serving local communities we aim to build the capacity of communities to respond to their own needs sustainably.

Our focus is on using internal and external knowledge and resources, and facilitating networks and partnerships with the community and other development organisations.

### Qualities that we strive for as an organisation

- · Integrity in everything we do
- · Constant compassion for our communities
- Sibanye
- · Always learning to keep moving forward
- Respect for all people
- Ensuring the sustainability of all our projects

### When we talk about compassion in Xhosa

We say "mfesane" when we talk about compassion. By helping individuals and families to build better lives for themselves, we help to create local communities that are positive, healthy and strong.

### Community services with compassion

Our community services include ongoing projects to support youth development, orphaned and vulnerable children, health care, literacy, numeracy, skills training and development, as well as church mobilization.

### FIGHTING POVERTY THROUGH





CARE AND SUPPORT OF CHILDREN, YOUTH AND FAMILY



COMMUNITY HEALTH CARE SERVICES



**POLICY INFLUENCING** 



TRAINING,
DEVELOPMENT AND
PLACEMENTS

### **AREAS OF OPERATION**

### Mfesane's offices in South Africa





### Saldanha Bay Municipality

Saldanha Bay Municipality (SBM) is a local municipality located within the West Coast District Municipality, in the Western Cape province of South Africa. The Municipality incorporates the towns of Hopefield, Jacobsbaai, Langebaan, Paternoster, Saldanha, St Helena Bay and Vredenburg. Saldanha Bay has the largest natural port in Africa and the area is earmarked as a regional engine for the development of the Western Cape Province.

The population of Saldanha Bay Municipality was estimated at 99,193 in the 2011 census, comprising approximately 28,811 households. Nearly 14% of households have no annual income and more than 34% of households earn less than R3200 per month.

Challenges that this area faces include high levels of unemployment (nearly 35% of the population are unemployed), high levels of HIV/Aids and tuberculosis.

Source: Integrated Development Plan 2012-2017 Draft





### **Nelson Mandela Bay Municipality**

Nelson Mandela Bay Municipality (NMB) is one of eight Metropolitan (or Category A) municipalities in South Africa. It is located on the shores of Algoa Bay in the Eastern Cape province, and comprises the city of Port Elizabeth, the nearby towns of Uitenhage and Despatch, and the surrounding rural areas. It is estimated to have a population of over 1,2 million people.

35% of the population is between the ages of 10-29 years old. 40% of households are female-headed, and 44.3% of the population falls within the "o income category. Challenges that this area faces include poverty, heavy reliance on social grants for survival, crime (gang violence, robbery etc.), a high incidence of HIV/Aids and a shortage of suitable land for households living in stressed areas (servitudes, floodplains and overcrowded areas).

Source: StatsSA Census 2011

Nelson Mandela Bay Municipality Integrated Development Plan 2011-2016



### Cape Town: Khayelitsha & Crossroads

Mfesane's head office is located on Klipfontein Road in Crossroads Cape Town, close to Cape Town International Airport.

The Crossroads campus is used as a key training venue for Skills Development. Mfesane also has a training facility in Khayelitsha, one of Cape Town's largest informal settlement areas.

### **COMMUNITY HEALTH CARE SERVICES**

### Saldanha Bay

### **Post-Natal Support Groups**

Meetings were held in Hopefield and 197 mothers and babies were reached. Topics that were covered included:

- Speech therapy and audiology
- Infant care
- Immunization
- Hygiene and diarrhea prevention
- · Hand washing demonstrations and handling
- · Substance abuse
- · Road To Health Cards, and rights and responsibilities
- · Family planning and the different choices
- · Fetal alcohol syndrome
- Prevention of mother-to-child transmission

### **Chronic Support Groups**

Mfesane reaches out with Community Adherence Support for patients on chronic and long-term medications. In all, 9,618 individuals participated in interventions and support, including health promotion and awareness.

**The Vitamin A campaign** ran from October-December 2015. Teams promoted de-worming and hand washing, and handed out 118 sugar salt solution bottles at crèches in all operating areas in the SBM. 158 children benefitted from this exercise.

Our partnership with **Sea Harvest** for **World Aids Day** and **Wellness days in Langebaan** saw staff involved with health promotion, voluntary counselling and testing, condom distribution and vital signs record-keeping.

The *Child Health Outreach Vitamin A campaign* in George Kerridge included dental services, nutrition and Occupational Therapy services from the Department of Health.

Windfarm in Hopefield arranged a Special Care Day for 250 children from Hopefield.

**A HPV (Human Papillomavirus) Outreach** in connection with the Department of Justice took place in local schools and 324 girls received vaccinations.

A Safe Sex campaign saw 10,900 condoms distributed during door-to-door interventions in Vredenburg and Hopefield in January and February 2016.

### **Challenges**

- Transport the home based care program covers four towns as well as farms within the Saldanha Bay area. There is a need for a dedicated vehicle to cover this large geographical area in order to reach all the patients each week.
- Inclement weather.
- Incorrect addresses given by clients.

#### **STRATEGY FOR 2017**

To move the focus of the programme from patient care to household care, with a continued emphasis on health promotion and prevention.

IMPROVING THE
QUALITY OF LIFE
OF COMMUNITIES
IN THE AREAS IN
WHICH WE
OPERATE BY
INCREASING
ACCESS TO
PRIMARY HEALTH
CARE SERVICES



Reaching out to 197 mothers through postnatal support groups

Supporting 9618 individuals on chronic medication

324 girls received HPV vaccinations

10,900 condoms distributed during Safe Sex campaign

158 children took part in Vit A campaign

Special Care Day for 250 children

### **COMMUNITY HEALTH CARE SERVICES**

MFESANE'S
TUBERCULOSIS
PROGRAMME
IS PROVIDING
AN INTEGRATED
APPROACH TO TB
DETECTION AND
CARE

Tackling TB in the Nelson Mandela Bay Municipality



### Together we can beat TB

Mfesane's TB Programme is providing an integrated approach to TB detection and care and its relationship to HIV aimed at supporting 10 facilities in Sub District C of Nelson Mandela Bay Municipality.

The objectives of the programme are five-fold:

- 1. Intensify TB case detection in the community
- 2. Improve TB treatment adherence in the Nelson Mandela Bay clinics
- 3. Increase TB/HIV collaboration
- 4. Manage TB in children
- Increase community awareness and involvement in the prevention of TB and HIV through various ACSM communication media

Mfesane supported Walmer Gqeberha, Walmer 14, Empilweni CHC, Korsten CHC, Helenvale, Gelvandale, West End, Chatty, Booysen Park and Govan Mbeki facilities in 2015.

### Intensify TB case detection in the community of Sub-District C

Mfesane teams participated in the following interventions:

- Mfesane trained 43 community health care workers.
- Door-to-door TB screening was conducted, and 15,143 people were reached.
- 985 TB contacts (including 281 children) were screened for TB.
- During TB Day and Humans Rights
  Day, 661 people were screened for
  TB of whom 110 people had TB
  signs and symptoms. 65 people had
  their sputa taken for testing; two
  came back with positive results and
  started treatment.
- TB screening was held at Nelson Mandela Metropolitan University (NMMU). One hundred and two people were screened. Eighty had TB symptoms. Fifty were sputum tested; two were positive and treatment was initiated.

# Improve TB treatment adherence in the Nelson Mandela Bay clinics in Sub-District C

Activities undertaken during the year under review:

- 368 TB patients registered under NGO DOT support program; 330 were smear positive.
- 227 smear positive patients converted and 250 were cured.
- Two meetings were held to monitor smear positive patients allocated to NGO CHCW.
- Three support groups were established and 102 people participated in the support groups.
- 344 TB treatment interrupters were traced. All 344 were referred back to treatment.
- 32 TB-positive patients were tested and found to also be HIV-positive.

### Increase TB and HIV collaboration

Activities undertaken included:

- 290 TB-positive patients were counselled and tested for HIV.
- 15 HIV-positive patients were found to be TB-positive and put under TB direct observed treatment support.

#### Manage TB in children

The following interventions took place:

- Door-to-door TB screening was conducted and TB contacts were traced and screened.
- TB/HIV community awareness campaigns were conducted wherever TB screening took place.
- 281 children contacts were traced.
- 109 children were infected with TB and they started treatment immediately.
- 172 children were referred for further health monitoring (known as INH).
- 281 children under 5 years were referred for testing; they were taken to the clinic because they are contacts and not because they have symptoms and/or are presumptive.

Despite efforts to strengthen TB control in South Africa - particularly the Eastern Cape - TB incidence and death rates have increased. MDR/XDR-TB is on the rise.

# Increase the community awareness and involvement in prevention of TB and HIV through various media

Activities undertaken to achieve this objective:

- 43 Mfesane TB programme staff were trained on ACSM activities.
- 636 individuals were reached through eight public awareness campaigns held in schools, at taxi ranks and using public spaces.

#### **Ongoing challenges**

Gang Violence. On the 19th August 2015, our URC Staff was having a campaign in Extension 32 when shooting erupted in front of them. The team had to run for cover and we had to abandon our event on the day as our staff were too traumatized to continue.

Relocation of clients who moved to other squatter camp areas without informing the clinics and CHCW. This



made it impossible for them to be traced and supported with treatment.

Staff shortages at Health Clinics meant an outreach to children at early childhood development centres had to be cancelled.

Lack of venues. Three support groups were initiated and sustained in spite of the unavailability of venues in the communities we serve. One support group was held in a church, the other two at a family home and Home Based Care office.

**Test kit shortages.** Health Care Facilities did not have the routine test kits for testing children with TB symptoms.







#### LOOKING TO THE FUTURE

The continuing need for TB treatment continues to shape Mfesane's support to the National TB Programme to reduce TB-related stigma and help increase awareness and understanding of TB and HIV risks, especially among under-served or hard-to-reach populations.

As such, the following recommendations can be made:

- 1. A dynamic and exceptionally strong collaboration between HIV and TB control programmes is required to avert large scale HIV-associated epidemics of TB and DR-TB.
- 1. Staff complement must be increased in the overcrowded health care facilities.
- 2. Improved infection control initiatives are required in hospitals and clinics.
- 3. Record keeping is essential at facilities, including work done by the NGO Sector.
- 4. It is essential to empower and capacitate communities to take charge of TB prevention and other illnesses in their own communities.
- Treatment adherence support needs to be strengthened and properly structured.

### **CHURCH MOBILISATION PROGRAMME (CMP)**

#### West Coast church tackles HIV/AIDS discrimination

With my first contact meeting with the Pastor of West Coast Outreach Centre, I realised that some churches in this age of time are open and hungry for change. There exists a deep hunger to talk to their congregants about HIV, STIGMA, DISCRIMINATION. SEX AND GENDER and many of the social ills that we face daily. The shepherd of the church, Pastor Desmond Brown, welcomed the Church Mobilisation Program openheartedly into his church.

From the beginning of August, I have worked with a dynamic group

of youngsters, leading and guiding them into becoming independent and leaders of the church as well as their immediate community. Some tough stuff has been dealt with such as Relationships, HIV and AIDS, STIGMA and Love in Action. The youth has grown remarkably and made suggestions of leading a youth service at church. The theme of the service was discussed and will include HIV and Aids. They said that they want to be seen and heard and that they want to play a positive role in their church. The ideas were forwarded

to the Leadership and they welcomed the idea. Planning is in process and the youth are looking forward to the service.

Church mobilisation has definitely worked towards HIV Competence of this church and followed a people's approach that is called the ABCD approach (Asset Based Community Development) that we as Mfesane make use of our programs. With the correct mindset and attitude a lot can be achieved.

- Mfesane team member





Umzi Wase Topiya Traditional Rites Church: CMP Volunteers presenting their ABCD findings



Ciphro Zion Church of Groggo, Sherwood

Church Mobilisation Programme Volunteers

### **Empowering churches to help communities**

### **Programme highlights**

Our Social Work Intern provided soft skills training for volunteers, equipping them to better assist their communities:

- · Basic counselling skills
- · Trauma debriefing
- · Conflict resolution
- · Time management and goal setting
- Report writing

Church Mobilisation Programme volunteers at the New Brighton Church of Umzi WaseTopiya registered their own White Door NPO after having completed all the CMP courses and also obtained funding from the Department of Social Development.

Ebenezer North Jacksonville started their own One Stop Information Centre where they are providing resources including:

- Information on where to get help for domestic problems;
- Information about HIV and TB;
- Information on how to access bursaries, learnerships and employment opportunities; and
- Referrals serious cases are referred to the Bethelsdorp Victim Support Centre.

A number of Church Mobilisation Programme volunteers have been able to obtain employment after having completed the CMP Courses and other Mfesane courses.

In March 2015 HIV and TB dialogues were held in partnership with the Departments of Social Development and Health at End Time Revival Church. The dialogues were well attended by the community and NGOs and political structures in the area.

The Church Mobilisation Programme had a good working relationship with Magistrate Gavin Du Plessis who offered Community Law awareness sessions to the community for free.

A Micro Enterprise workshop and Asset Based Community Development (ABCD) training interventions were held in Arcadia with a youth group (Micro Enterprise) and Umzi WaseTopiya Church (ABCD).

### **Challenges**

- Volunteers dropping out of the program without informing the Coordinator that they are no longer interested.
- Lack of interest from Pastors who are focused on preaching only
- Wrong information: learners thinking and/or assuming that CMP is an employment opportunity
- Volunteers finding employment during the workshops
- Pressing family commitments
- Lack of matric volunteers unable to advance

### Mfesane thanks our Church Mobilisation Programme partners

#### **National partners**

Department of Health Department of Social Development Love Life

Mfesane Policy Influencing Team Mfesane HIV Counselling & Testing Team

National Youth Development Association

South African National Council for Alcoholism (SANCA)

#### **Nelson Mandela Bay Municipality**

Brito's Bread Company – for their bread donations

Ebenezer Church North (Jacksonville)

End Time Revival Ministries (Timothy Valley)

Greenfields Methodist Church Harvest Christian Church

Magistrate Gavin Du Plessis Umzi Wase Topiya Traditional Rites Church (New Brighton)

#### Saldanha Bay Municipality

Bethelsdorp Police Victim Empowerment Centre.

Thank you also to the Mfesane staff who poured their input, lives and hearts into Church Mobilisation, as well as the many individuals who helped at each event.

THE OBJECTIVE
OF THE CHURCH
MOBILIZATION
PROGRAMME IN
2015 / 2016 WAS
TO CONSOLIDATE
LEARNING,
ENSURING THAT
VOLUNTEERS ARE
INDEPENDENT AND
ENABLED TO
FUNCTION ON
THEIR OWN

9 churches hosted HIV/ AIDS interventions

623 individuals participated in HIV/AIDS awareness interventions

as facilitators
in HIV/AIDS
Awareness,
ABCD (Asset Based
Community
Development) and
TVET (Technical
Vocational Education
and Training)
Micro Enterprise
Training

### CHILDREN, YOUTH & FAMILY SERVICES

# ISIBINDI PROVIDES CARE & SUPPORT FOR ORPHANS & VULNERABLE CHILDREN

Providing psychosocial support

Conducting home visits

Homework help

Child support grant & birth certificate application assistance

Family strengthening

Parenting support & health care education



### **ISIBINDI (CIRCLES OF CARE)**

Mfesane's ISIBINDI (Circles of Care) programme, running at both the Eastern Cape and Western Cape operational sites, provides care and support for orphans and vulnerable children through a number of community services.

The Isibindi teams reach out to children with nutritional support, serving one meal per day, five days a week; provide psychosocial and psychological support; offer educational support and homework assistance; conduct home visits; support families through play and family strengthening activities; and provide assistance with applications for child support grants, birth certificates, school and more.

### Supporting parents

- One of Mfesane's intern social workers facilitated an effective support group for parents which also helped child and youth care workers in doing their work.
- The Department of Health funded eight children, including their families. This support included food parcels, school uniforms and Christmas clothes.

### Reaching out to children

- 720 children participate in Mfesane's child, youth and family services.
- The Matriculants Study Camp gave matriculants time to prepare for exams away from everyday chores.
   There was a notable improvement in the learners' pass rates.
- Ongoing Matriculant Study Groups assisted matrics with their studies.
- Signature of Hope sponsored more than 200 pairs of school shoes for children.

### Training up child and youth care workers

- 25 child and youth care workers received their NQF Level 4 Accredited certificates in Child and Youth Care.
- · Twenty five child and youth care

- workers successfully registered with South African Council for Social Service Professionals.
- Seven child and youth care workers received accredited disability training which enabled them to respond more effectively to children with special needs.
- The National Association for Child Care Workers sponsored uniforms for child and youth care workers.
- Child and youth care workers participated fully on different forums like community police forums and child protection forums.

### **Highlights**

- Mfesane secured land to set up "safe parks" at Mfesane 2 and 3 sites.
- A third safe park site was established in Hopefield in September 2015 and at least 175 children were reached by the end of March 2016.
- Solid and good relationships with the Department of Social Development, Department of Education and other stakeholders.

### **Challenges**

- The need for a formal safe park at Mfesane 2.
- Beneficiaries often relocate before all goals have been reached. This is a growing concern and we are focusing on follow up so we can link them to resources in their new communities.

### **LOOKING AHEAD**

Mfesane has seen the immense value of safe parks in creating safe environments for children.

Mfesane is actively seeking funding to build and equip the formal safe park at Mfesane 2.



Saldanha Inner Wheel, a club of one of the largest women service voluntary organizations in the world, spread some early holiday cheer at Isibindi 1 in December.

36 excited children each received a gift to take home from Father Christmas, a delicious sweet pack and yummy cake.



Shannon (Vredenburg) donates food parcels and clothes to the Isibindi project monthly.



A child enjoying a nutritious meal from one of our centres



Some of the Isibindi 1 workers celebrating Mfesane's 40th birthday at Laingville Holiday Resort

"To feed a learner's mind, you need to feed their body. A hungry body cannot be a growing body."

- MEC Debbie Schafer,
World Hunger Day



Mfesane and High Five celebrated Mandela Day on the 17th of July 2015. Staff made sandwiches and distributed it in the town, at a local crèche and at Hannah Coetzee clinic in Louwville. Thank you to Hananja Supermarket for donating the bread!

### YOUTH DEVELOPMENT

### **NEET YOUTH SUMMIT 2015**

A Youth Summit was held at Juffroushoogte outside Vredenburg for youth from Saldanha Bay Municipality.

The three-day summit consisted of business and study opportunity exhibitions and Social and Financial Life Skills training. Stakeholders provided 5-minute presentations on business and study opportunities in the West Coast. Youth were able to ask questions and received clear answers to get a better understanding of career opportunities available within greater Saldanha.

Stakeholders who attended included Transnet, Industrial Development Zone, West Coast Business Centre, G3 Group, West Coast College, Independent Electoral Commission, Department of Correctional Services and Department of Social Development.

Feedback on the event was most positive. It was encouraging to hear how youth realize it is time to shake the dust from their dreams and make a positive change in their own lives and to hear that young mothers and fathers want to change their circumstances. We also saw real commitment: one young man missed the bus but took initiative and hitchhiked to the event.

Youth can apply for business startup kits at the Business Hub and there are study and career opportunities at the Industrial Development Zone (IDZ).

"Mfesane is honoured to be part of the Transfer Payment Agreement from Department of Social Development," says Mrs Nomvuyo Baba, Mfesane's Chief Executive Officer. "We hope that youth will make the most of these opportunities; summits like this can change communities for good through providing employment to young people."

"I feel that it is time to shake the dust from my dreams."

"I want to change my circumstances - and after the Summit I have some ideas about what I can do."

"I have made big mistakes, but now I have a change to try again."

"I missed the bus but hitch hiked to the Summit: I am glad I made it!"

### Good clean fundraising for Youth Programme!



Mfesane Youth Development approached Xclusive Toyota Crew from Vredenburg in assisting with our idea of having a Car Wash fundraising event to generate income for other activities that the Youth Development budget doesn't cover.

The Car Wash took place on Saturday 25th of April 2015 at the parking area of Louwville community hall in Vredenburg. Our enthusiastic youth scrubbed and cleaned vehicles, and there was also a competition with different categories: Show and Shine, Stance Master and Best Wheels, judged by the Xclusive Toyota crew from Paarl.



Mfesane Youth Development and Xclusive Toyota Crew want to thank the following donors: Autozone, AutoXplode, Saliem's Hardware, Bandkorp, Kobus Lock, Pick and Pay and Pro-Trading.

We also want to thank our Youth Forum, volunteers from the Trailblazers and the youth from the community who assisted us in cleaning the vehicles. Your support made the Car Wash a most successful and fun day.

### Shifting horisons, exploring possibilities

### JOB READINESS TRAINING

JBS Manager Xena Scullard trained a group of young people in a two-day Job Readiness training held from 2 - 3 July 2015 at Hopefield on the West Coast.

Participants were energized and focused on their bright futures ahead through the training provided by Mfesane.



"Education is the most powerful tool you can use to change the world."

- Nelson Mandela

### YOUTH CAMP: TULBAGH

A youth camp was held at the end of 2015 at Waterfall Country Lodge, located in Tulbagh in the Western Cape.

Many of the youth who attended had never travelled from their communities or stayed away from family before. Visiting a new area, meeting new people and exploring different surroundings was a real highlight.

The activities were youth-friendly and focused on teamwork, communication, creativity, dealing with challenges, facing your fears, having faith, trust and believing in yourself. The camp allowed children to be children, without the daily challenges that many face at home.

Another highlight was the provision of puberty packs – most youth don't have their own basic products like deodorant or sanitary items as they must share with their family members.



#### **Achievements**

The Youth Development Programme was exceptionally efficient with effective implementation of programmes and good budgeting, and opened doors to other funding opportunities. We received a donation from the West Coast Light House Church, a grant from West Coast Community Forum towards our NEET Youth Program and funding from Arcelor Mittal.

### **Challenges**

Youth Development facilitators have the skills and knowledge to support and assist our youth; but funding periods and lack of resources limited Mfesane's implementation schedule and rollout of planned interventions.

#### Looking ahead

Khusela Ikamva Lethu, the new programme for Youth Development means we can deliver our services and support to youth in a more holistic manner. Our aim is to equip youth financially and to become sustainable in Social Enterprise Development.

Through this intervention we will be able to provide jobs to youth and an income generation project for Mfesane's Youth Development Programme.

### **POLICY INFLUENCING**

MFESANE HAS A VOICE.

WE WILL
SPEAK UP FOR
JUSTICE AND
WHOLENESS IN
COMMUNITIES AND
OUR NATION.

### STANDING UP FOR RIGHTS

Mfesane works closely with the South African government and other organisations to influence policy: standing together on campaigns like the rights of women and children for education, health and protection.

We believe in being a voice to speak up for justice and wholeness in our communities, and in our nation. Together we can be a positive influence on policy creation and implementation.

### **Dialogues**

- Four community dialogues were conducted, reaching 218 community members.
- One national dialogue was attended.
- Meetings were attended on local, provincial and national level.

### Informing

- Mfesane's teams surpassed their target of reaching 700 individuals: 2,153 women, men and children were provided with information about domestic violence, gender based violence, human rights, health rights and advocacy.
- 895 women, men and children were reached through other awareness campaigns.

### Training in advocacy

- 145 staff were capacitated to implement this programme successfully.
- Meetings were attended on local, provincial and national level
- 732 directories were printed and distributed in the form of calendars and telephone directories.
- Information leaflets were given to all community members reached through training and awareness interventions.
- Four community safety structures were set up and trained in advocacy.

### **Baseline study**

A baseline study was conducted in the Saldanha Bay and Nelson Mandela Bay Municipalities with community members to find out their views and experiences in relation to gender-based violence, service delivery and abuse.

Mfesane staff in the different projects were especially trained to facilitate the study. Feedback was given to community members and relevant stakeholders.

#### Thanks to stakeholders

Mfesane is most thankful for the key involvement and support of our stakeholders in 2015/16:

Black Sash
Department of Health
Department of Justice
Department of Social Development
Foundation of Professional Development
Ilitha Labantu
Local municipalities
South African Police Service
The Human Rights Commission of South
Africa

Mfesane also thanks the many community leaders and individuals who participated and supported each campaign, working together to make a difference in their community.



Mfesane, in collaboration with other stakeholders, held a Men's Walk on 8 August 2015, marching against women and child abuse.

### Dialogue in Hopefield: Addressing Human Rights and Xenophobia



Human rights and xenophobia are some of the topics that communities are often uninformed about. Mfesane, together with the Human Rights Commission, Saldanha Bay Municipality, South African Police Service and spiritual leaders from Hopefield, gathered with the community to have a dialogue.

Attendees were divided into commissions where they discussed specific human rights issues that are relevant to Hopefield. The groups identified stakeholders who can help them with the process of advocating for adequate service delivery and education.

A highlight was the representative from the Somalian community who attended, and the positive dialogue that took place between the representative and the Hopefield community members, especially after recent xenophobic attacks.



#### THURSDAYS IN BLACK ON THE WEST COAST

The "Thursdays in Black" campaign encourages everyone to wear black every Thursday as a sign of strength and courage, showing our support to victims of violence and rape around the globe.

More info at www.thursdaysinblack.co.za

### TRAINING, DEVELOPMENT & PLACEMENTS

### **VOCATIONAL EDUCATION**

The objective of this programme is to provide skills to unskilled, underemployed and unemployed individuals from communities in the Western and Eastern Cape.

Mfesane's training programmes are comprised of hands-on practical skills and a compulsory aspect incorporating life skills, where trainees are taught labour laws, time management, interview skills and CV writing tips, thus assisting them holistically to be employed and economically self-sustaining, with the ultimate aim of reducing poverty in our communities.

Mfesane has two training venues in the Western Cape. the Khayelitsha campus offers *Construction Skills*, foremost of which are bricklaying and plastering, and

the Crossroads campus facilitates *Welding Training*, consisting of a collection of different skills i.e. arc and gas, mig and pipe welding. The Construction and Welding courses vary in length from 4 to 12 weeks.

Mfesane's Health Care Training offering is made up of short courses like Home Based Care, Palliative Care and First Aid. The course commitments range from two weeks to one year, depending on which units clients require. These are mobile courses that can be delivered in various locations in the Eastern and Western Cape provinces.

**Child and Youth Care** is a skills programme that varies in duration from one week to a year, depending on

which skills clients require. There is national priority around child and youth workers as South Africa does not have enough of these skills; the South African government is the primary source of jobs in this area.

Mfesane has successfully tapped into the target group identified as "youth who are unemployed, unskilled and underemployed in the Western and Eastern Cape".

Mfesane is progressing towards advancing accreditation through extension of scope for its training to become relevant to the needs of what companies are looking for when they seek to employ people. In implementing this strategy Mfesane is keen to partner with like-minded organisations. Annual course reviews assist in ensuring that the programmes are relevant to meet the expectations of the stakeholders.



JAN - AUG 2015: Continuation of brickwork up to wall plate level inside and outside walls

AUG - OCT 2015: Preparation of decking and erection of the rib and block concrete decking

JAN - MAR 2016: Brickwork on the superstructure reaches the first floor





The new Khayelitsha Skills Centre

### **Building capacity**

### **Highlights**

- 510 graduates were coached and supported through JBS services.
- Accreditation of the West Coast site.
- Partnerships with companies with
- Piloting merging job and business services with Resource Mobilisation
- Designing of job readiness learning material.
- Job readiness training integrated to vocational skills training.
- Various conferences and seminars attended.
- Capacity building of staff continues; 30 units of training were completed.
- Donor mapping was successfully done and proposals submitted.
- New partnerships were pursued and existing partnerships were strength-
- Funding was secured to finalise the new Skills Centre in Khayelitsha.

In the year under review, Mfesane was again the Preferred Service Provider the National for Development Agency to capacitate 22 emerging NPOs in Graaff Reinet and the Nelson Mandela Bay Municipality; providing training in Governance, basic Bookkeeping, Project Management and Resource Mobilisation

### Challenges

Mfesane regards capacity building activities as one of the strongest avenues to generate income to sustain the whole organisation. This avenue needs to grow fast as the donor landscape in South Africa is diminish-

### Way forward

More time will be spent on building fruitful partnerships, in which Mfesane will add value to others and vice versa.

**PROVIDING SKILLS** TO UNSKILLED, **UNDER-EMPLOYED** AND UNEMPLOYED INDIVIDUALS FROM COMMUNITIES IN THE WESTERN AND **EASTERN CAPE** 

490 individuals graduated from Mfesane's skills programmes

development training

#### STATISTICS: SKILLS DEVELOPMENT

During the period of April 2015 - March 2016 Mfesane delivered skills training to 490 beneficiaries in the following fields:

Course	Registered	Drop Out	Graduated	Placed
Plastering	17	1	16	7
Bricklaying	21	1	20	9
Health	310	13	297	250
Welding	65		65	25
Victim Empowerment	34		34	33
Child and Youth Care	42	2	40	2
New Venture	18		18	10
Total	507	17	490	336



HR Manager Millicent Williams and Programme Manager Wendy Ndima handed out certificates to staff at the Port Elizabeth office. They received HIV Counselling Testing training from the Department of Health in the Eastern Cape during 11-14 August 2015.

Preferred Service Provider 2015/2016 for the National Development Agency; capacitating 22 emerging NPOs in Graaff Reinet and the Nelson Mandela Bay Municipality

### Connecting people to the workplace

### **490 GRADUATES**

## 336 PLACEMENTS IN 7 DIFFERENT FIELDS

Course	Placed
Plastering	7
Bricklaying	9
Health	250
Welding	25
Victim Empowerment	33
Child and Youth Care	2
New Venture	10
Total	336

"We know only too
well that what we
are doing is nothing
more than a drop
in the ocean.
But if the drop were
not there, the ocean
would be missing
something."

- Mother Teresa

### STORIES OF HOPE

### A job in construction

Good day, I, Phillip and my three colleagues - Godfrey, Khayelethu and Velile - we come as one team to thank Noluthando Training Industries (NTI) for their support and Mr Caleb Jean for assisting us with the job placement at NDP Development Construction.

Thank you also to *Woord en Daad* for their support.



### **Christina qualifies**

After 11 years of working in retail as a single mother, facing long hours and getting a low salary, I quit my job to get my matric. I enrolled at a local college but had no money, so stayed home.

Mfesane called and offered me a free first aid course. I was so excited. Then Debbie called me back and told me the course was full, but I could be part of a Health & Safety Learnership. My heart leapt with joy; when I was working in retail I'd wanted to study it but did not then have my matric or study fees.

I really enjoyed doing the course. It was not easy. Some days I thought I would not be able to finish it, however the excellent teacher explained and helped me understand it all.

Thank you for giving me the chance to upskill myself and make my future look brighter. It is so helpful to have learnerships like this. Now I can apply for better paying jobs.

### Ayanda's story

I would like to say thank you to the NTI team for their assistance, especially Mr Caleb Jean who assisted me until he managed to place me at WCPME, based in Kensington where we specialise in welding.

When I came to NTI I knew nothing but I learned a lot in the field of welding. Now I'm working at WCPME and I'm able to put a bread on the table for my family.



### I own a company now

My name is Bulelani Mabandla and I am the owner of Khuboni Investment Holdings. I would like to thank the NTI team for their assistance with training in the field of construction.

After my training I managed to open a company which I'm busy running now. I get contracts where clients need me to build homes and many other things in the construction field. In the picture you can see me standing with Mr Caleb Jean, the JBS Officer of Mfesane, during his site visit where I was busy building a house for one of my clients.



**Darlington Says:** "I went to a college to look for a place to study bricklaying but left with tears in my eyes because of the high fees they were charging. I sat on the platform when a security officer approached me and asked to see the pamphlet I was holding. I gave it to him. We started chatting and he told me about NTI in his neighbourhood. I boarded the train and went straight to Noluthando in Khayelitsha. I arrived there on a Friday and immediately applied for the bricklaying course. After I completed the course, I applied for the plastering course.

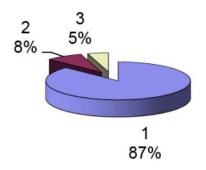
My life started to take a new direction with Mfesane. I am now about to start a painting course. I have moved from Zero to Hero. Thank you Mfesane!"

### **FINANCIAL OVERVIEW 2015/2016**

### **INCOME STATEMENT & BALANCE SHEET**

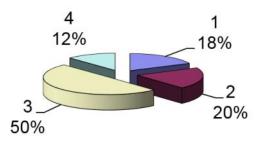
#### **Income Statement for 2016**

INCOME	Rm	%
1. Donations	11.66	87.1%
2. Investment income	1.10	8.2%
3. Other income	0.62	4.6%
	13.38	100.0%



**1 2 3** 

EXPENDITURE			
1. Other expenditure	2.70	17.9%	
2. Staff expenditure	3.06	20.3%	
3. HIV Aids programs	7.50	49.7%	
4. Transfers to projects	1.82	12.1%	
	15.08	100.0%	



■1 ■2 □3 □4

#### **Balance Sheet 31 March 2016**

ASSETS	Rm
Non-current assets	14.56
Current assets	2.96
	17.52

EQUITY AND LIABILITIES		
Non-distributable reserves	14.32	
Trust funds	1.90	
Current liabilities	1.30	
	17.52	

### **MFESANE THANKS...**

The work of Mfesane would not be possible without our partners, funders and friends.

A heartfelt thank you to the individual donors who continue to support Mfesane. To our partners - thank you for your ongoing support and encouragement.

On behalf of the many beneficiaries, thank you to the following organisations who generously underwrite this great mission:

- Department of Health
- Department of Social Development
- Independent Development Trust (IDT)
- National Development Agency
- NACOSA
- Nelson Mandela Bay Municipality
- TB Care II, South Africa
- Saldanha Bay Municipality
- USAid
- Western Cape Government
- Woord en Daad

### "Mfesane"

Root: isiXhosa word

Definition: "Compassion (n). A concern for the suffering or misfortune of others and a desire to alleviate it".



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